

# 8天7夜 8D7N

昆明 | 抚仙湖 | 建水 | 弥勒 |

东川 | 倘甸

KUNMING | FUXIAN LAKE | JIANSHUI |  
MILE | DONGCHUAN | TANGDIAN



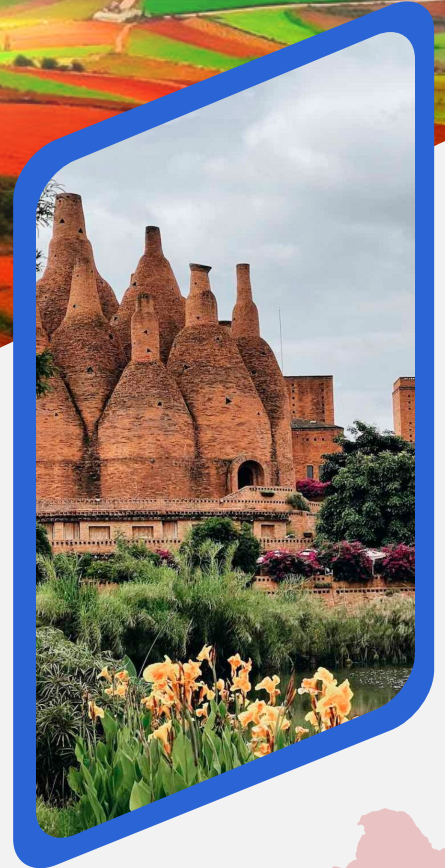
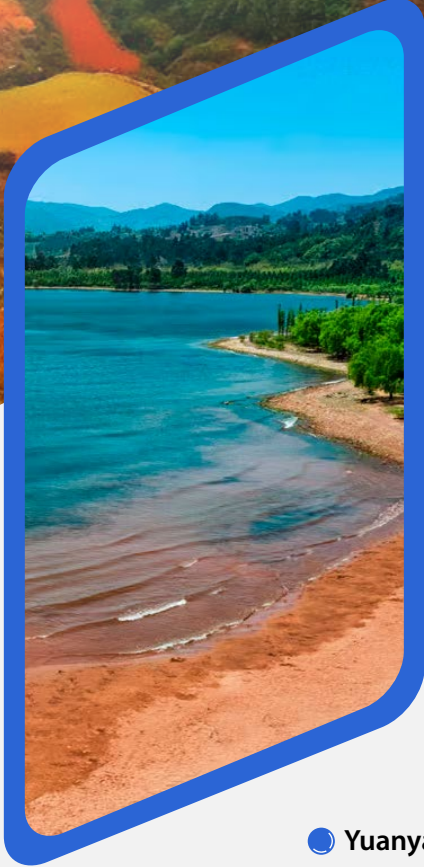
中国 CHINA



DIRECT FLIGHT



NO SHOPPING



## 行程精粹 HIGHLIGHT

Yunnan

- Yuanyang Terrace Field 元阳梯田
- Jiaozi Snow Mountain 轿子雪山
- Fuxian Lake (Fuxian Lake Huahai + Red Beach) 抚仙湖 (抚仙湖华海 + 红沙滩)
- Dongchuan Red Land known as Rainbow Cloth of China Highland 东川红土地 - 中国高原上的彩虹画布



**Travel With You Sdn Bhd** (1322185-K/KPK/LN:9917)

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# 8D7N KUNMING/ FUXIAN LAKE/ JIANSHUI/ MILE/ DONGCHUAN/ TANGDIAN

## DAY 1

ARRIVAL  KUNMING   
FUXIAN LAKE

- Upon arrival , transfer for dinner and check in hotel
- Guanglong Town Starlight Night Market

(MOB/D)

## DAY 2

FUXIAN LAKE  JIANSHUI

- **Fuxian Lake** ( Fuxian Lake Huahai + Red Beach )  
It is the deepest plateau freshwater lake in China
- **Jianshui Ancient Town**  
here you can visit the ancient houses with the architectural style of the Ming Dynasty. You can also enjoy the woodblock paintings with strong folk customs and the production of folk paper-cut.
- **Chaoyang Tower** ( Apperance View )  
known as Little Tian An Men, was built in the Ming Dynasty
- **The well**
- **Tofu Workshop** ( Experience Tofu Making + Tofu Tasting )
- **Classic Train Ride** ( Take the clas,sic train ride )  
pass by the double dragon bridge and Xiang Hui Bridge for breathtaking scenery

(B/L/D)

## DAY 3

JIANSHUI  YUANYANG

- **Zhujia Garden**  
was built in the combination of residence and ancestral shrine with ancient QING dynasty architecture styles by the Zhu brothers whose family was influential in the locality.It is located in the middle of Jianxin Street in Jianshui Ancient Town.The entire garden is laid out in perfect symmetry , and has been described by many as 'maze'.
- **Yuanyang Terrace Field**  
[Quanfuzhuang Observation Deck + Bada Scenic Area (watch the sunset depending on the situation)] is like the ladders to the heaven with over 3700 levels, rising up from 800 meters to 2000 meters, is the best spot to catch the spectacular sunset and mysterious sea of clouds and also one of the World's Cultural heritage protected areas.
- **Quanfuzhuang Terraced Fields**  
The water in the fields reflects the skylight, layer by layer.

(B/L/D)

## DAY 4

YUANYANG TERRACE FIELD  MILE

- **Duoyishu Rice Terraces**  
part of Honghe Hani Rice Terraces, was listed as World Heritage site in 2013. This scenic area is the best site to watch sunrise over the vast rice paddies, sea of clouds.
- **Qingkou Rice Terraces**
- **Azheke Village**  
with Hani people's traditional Mushroom-shaped houses.  
Note: The viewing effect of Yuanyang Rice Terraces depends on weather conditions.

(B/L/D)

## DAY 5

MILE  KUNMING

- **Dongfengyun Art Town**  
is a town that integrates gape culture, natural scenery and humanistic customs, and features local cusltural and artistic creativity, it is know as the 'Provence' in Central Yunnan.
- **Red Wine Chateau** ( Visit and taste the wine )
- **Fruits Picking**  
( Include entrance and free fruits tasting in the farm, take away will be at own expenses, price may vary depend on weather and season. )

(B/L/D)

## DAY 6

KUNMING  DONGCHUAN  TANGDIAN

- **Dongchuan Red Land**  
[Luoxiagou] [Grand Field] [Dayakou: Sight seeing Laolongshu] [Jinxuyuan] [Yuepu'ao + Guoditang] The red soil developed under the high temperature and rainy conditions in Dongchuan, Yunnan , is rich in iron and aluminum, with little organic matter, strong acidity and heavy clay. This area boasts the most typical and featured red soil in Yunnan highland.  
Explore the palette of nature, watch the red land of the plateau. May to December, part of the red land turned to reveal the original color of the red clay. The other part of the red land is undergoing color changes:
    - May-Jun : White, purple, and pink potato flowers
    - Jul-Aug : Green potato flowers
    - Sep-Nov : White and yellow-lined rapeseed
    - Dec-Mar : Planting and sprouting
- ※Due to the difference in climate conditions each year, the flowering period will be advanced or afterwards. The specific flowering time depends on the weather conditions of the year.

(B/L/D)

## DAY 7

TANGDIAN  JIAOZI SNOW MOUNTAIN  KUNMING

- **Jiaozhi Snow Mountain** ( Include Shuttle Bus + Cableway )  
known as the "natural oxygen bar, the green pearl", and has a rare southern ice and snow and majestic, large-scale waterfall (ice) cloth community.

(B/L/D)

## DAY 8







KUNMING  DEPARTURE

- **Kunming Dounan Flower Market**  
It is the largest fresh-cut flower trading market in Asia and a famous flower capital.
- **Haigeng Dam of Dianchi Lake**  
[March – November] It is still very shocking to see the seagulls flying all over the dam, it is worth going.
- **Transfer to airport for the flight back home.**

(B/L/-)

## SPECIAL CUISINE

7 Breakfast / 7 Lunch / 7 Dinner

-  Cantonese Cuisine
-  Tofu Feast
-  Red Wine Flavor
-  Wild Mushroom Steamboat
-  Steam Pot Banquet
-  Yunan Bridge Noddle + Steam Pot Chicken

# 8天7夜 昆明/抚仙湖/建水/弥勒/东川/倘甸

## 第一天 吉隆坡 ✈️ 昆明 🚌 抚仙湖

- 集合于吉隆坡机场,飞往昆明。抵达后,送往抚仙湖享用晚餐。
- 广龙小镇星光夜市  
(机上用餐/晚)

## 第二天 抚仙湖 🚌 建水

- 抚仙湖 (抚仙湖花海 + 红沙滩)  
位于云南是中国最深高原淡水湖,省面积第三大湖。
- 建水临安古城  
在这里可以参观仿明朝建筑风格的古民居,您也可以欣赏到具有浓郁民俗风情的木版年画及民间剪纸的制作。
- 朝阳楼 (外观)  
被称为小天安门的朝阳楼,始建于明朝时期,也是百年滇南府第一楼
- 古井 (大板井)  
板井豆腐以制作豆腐为主。
- 豆腐作坊 (体验豆腐制作+品尝)
- 米轨小火车 (单程体验)  
欣赏个铁路沿途风光,途中游览中国十大古桥双龙桥,法式建筑乡会桥车站是一座已有百年历史的中法建筑特点相结合的,团山终点站。  
(早/午/晚餐)

## 第三天 建水 🚌 元阳

- 朱家花园  
是清末乡绅朱渭卿兄弟建造的集家宅和宗祠于一体的建筑,位于建水古城的建新街中段,是一组规模宏大,具有滇南特点的清代民居建筑。整个花园的布局完美对称,被许多人形容为[米宫]。
- 元阳梯田  
【全福庄观景台 + 坝达景区 (视情况观日落)】  
海拔800米的,连绵不断的成千上万层梯田,一直伸延至海2000米的高山之巅,把麻栗寨、坝达、上马点、全福庄等哈尼村寨高高托入云海中。3700多级梯田宛如天梯,直达云霄。梯田在日落时金光灿烂,银光闪闪,美不胜收,是观赏、拍摄云海梯田、日落及山寨的最佳景区。
- 全福庄梯田  
在或陡或缓的山坡上向上或向下延伸,田里的水映着天光,一层一层,正像是通向天庭的阶梯。  
(早/午/晚餐)

## 第四天 元阳梯田 🚌 弥勒

- 多依树梯田 (视情况看日出)  
景区位于元阳梯田国家湿地公园及申报世界文化遗产核心区,距老县城(新街镇)23千米,地处海拔1900米,有650公顷梯田分布在多依树、爱春、大瓦遮等状如海湾的25°至50°山坡是观赏、拍摄云海梯田、日出及山寨的最佳景区。
- 箐口梯田
- 哈尼民族村 (大鱼塘+哈尼小镇)  
阿者科村位于元阳梯田半山深处一座六十多户人家的哈尼族小村寨,世界文化遗产里的古村落,这里保留有典型的“森林-水系-梯田-村庄”生态聚落和传统茅草顶蘑菇房。  
注:元阳梯田的观赏效果视天气情况而定  
(早/午/晚餐)

## 第五天 弥勒 🚌 昆明

- 东风韵小镇 (含电瓶车)  
是一个集葡萄文化,自然风光,人文风情为一体,以文化创意为特色的小镇。
- 红酒庄 (参观+品尝红酒)
- 水果采摘  
(含入园费及果园内免费品尝,如需购买,价格根据当季市价,费用自理)  
(早/午/晚餐)

## 第六天 昆明 🚌 东川 🚌 红土地

- 东川红土地自然风景区  
【落霞沟】【太平地】【大丫口 (远观老龙树)】【锦绣园】  
【乐谱凹 + 锅底塘】观赏近百里区域的云南红土高原上最集中,最典型,最具特色并且被专家认为是全世界除巴西里约外最有气势的红土地。  
探访大自然的调色板,观赏高原红土地。每年5至12月,一部分红土地翻根待种露出红土原本的颜色,另一部分红土地正经历着色彩的变迁:  
● 5月-6月: 白、紫、粉相间的土豆花  
● 7月-8月: 绿油油的农作物  
● 9月-11月: 白、黄相衬的油菜花  
● 12月到次年3月又一轮新的希望正在播种和萌芽,远远看去就像上天涂抹的色块,色彩绚丽斑斓,衬以蓝天、白云和那变幻莫测的光线,构成了红土地壮观的景色。  
※因每年的气候情况有所差异,花期会有提前或往后的情况,具体花期时间视当年天气情况而定。  
(早/午/晚餐)

## 第七天 倘甸 🚌 轿子雪山 🚌 昆明

- 轿子雪山风景区 (含环保车+往返索道)  
轿子雪山被誉为“天然氧吧,绿色明珠”,拥有难得一见的南国冰雪及气势雄伟,规模宏大的瀑(冰)布群落。冬春之际可欣赏千姿百态,晶莹剔透的冰瀑冰挂,感受银装素裹的冰雪世界。  
游览:春冰(1-3月观冰瀑);夏花(4-6赏杜鹃花);秋水(7-11月听瀑布);  
(早/午/晚餐)

## 第八天 昆明 ✈️ 回程

- 斗南花市  
亚洲最大的鲜切花交易市场,是著名的花都。
- 滇池海埂大坝  
【3月-11月】这里看海鸥,登上大坝,可以看到满天飞的海鸥是很震撼。
- 送往机场,返回温馨的家。  
(早/午/-)











### 风味餐

7 早餐 / 7 午餐 / 7 晚餐

- |         |            |
|---------|------------|
| 🍴 粤菜风味  | 🍴 豆腐宴      |
| 🍴 野生菌火锅 | 🍴 汽锅宴      |
| 🍴 红酒庄风味 | 🍴 过桥米线+汽锅鸡 |

# 旅游资讯 General Information

 中国CHINA

<div>货币 Currency</div> <div></div> <div>中国元 Chinese Yuan - CNY 人民币 Renminbi - RMB</div>		<div>货币兑换率 Exchange Rate</div> <div></div> <div>10 CNY = MYR 6.50 <small>*Subject to currency of the day* *以当天汇率为准</small></div>	
<div>插座 Power Socket</div> <div></div> <div>类型 / Type A 两脚扁型插头 / 2 flat blade pin 类型 / Type I 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"</div>		<div>类型 / Type B 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin</div>	
<div>时差 Time Difference</div> <div></div> <div>China - No time different with Malaysia 中国 - 时间与马来西亚时间标准时无相差</div>		<div>电压 Voltage</div> <div></div> <div>Voltage - 电压 -</div>	
<div>行李托运 Luggage Allowance</div> <div></div> <div>Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过20公斤。</div>			
<div></div> <div>春季 Spring 3月 - 5月 Mar to May 10°C ~ 25°C</div>	<div></div> <div>夏季 Summer 6月 - 8月 Jun to Aug 33°C ~ 22°C</div>	<div></div> <div>秋季 Autumn 9月 - 11月 Sep to Nov 24°C ~ 9°C</div>	<div></div> <div>冬季 Winter 12月 - 2月 Dec to Feb 10°C ~ 3°C</div>

## 备注 / Terms & Conditions

- 行程、膳食、酒店住宿和交通可能会有所更动，恕不另行通知。
- 旅客所持有的国际护照或任何旅游证件需拥有至少6个月的有效期间。旅客需于有效期内返回本国。
- 基本上全程中文讲解为主。若需要以其他语言讲解，务必在报名时提前通知本社。本社将另作安排，但将以最终确认为准。
- 团队出发前建议购买旅游保险以则安心。
- 每位参与TWY旅游团的成员，必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如：交通/延误/取消、天气、疾病、示威、战争等等)，因而引发额外支出的问题，本社一概不负责，旅客需自行负责额外的费用。
- 若旅客决定离团，所有的费用恕不退还。
- 行程表附上的照片仅供参考。
- 至少16位成人将有一名领队同行。
- 双人房配制，一人房会另加费用

- Itineraries, meals, hotels and transportation are subject to change without prior notice.
- An international passport or other recognized travel documents which should be valid for at least 6 months from the date of return to country of origin.
- Tour is conducted in Mandarin, If you would like to speak in another language, please inform us in advance at the time of registration. Alternative arrangements will be made, but will be subject to final confirmation.
- Purchase of travel insurance is highly advisable.
- Every person participating in TWY's tours shall travel at his/her own risk. TWY shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
- For passengers who wish to deviate from tour, no refund shall be entertained for any unutilized portion of the tour.
- All pictures shown are for illustration purpose only.
- A minimum of 16 adults will be accompanied by a tour leader.
- Twin rooms are based, and there will be an additional charge for single room.

DEPARTURE DATE 出发日期	AIRLINE 所用航空	TOUR FARE 团费	VISA FEE 签证费	TRAVEL INSURANCE 旅游保险	REMARKS 备注